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FOR IMMEDIATE RELEASE:

Kid Me Not – 15 Women of the '60s Reveal in a New Book Why They are Child-free

The Pioneers of the Sexual Revolution Tell their True Stories

AUSTIN, TX, March 15, 2014 –Violet Crown Publishers releases on Amazon.com a new anthology by women who came of age as The Pill gave them reproductive freedom, feminism opened doors previously closed and Vietnam, sex, drugs and rock and roll challenged American values. It's available in paperback and as a Kindle eBook.

In *Kid Me Not* fifteen Baby Boomers reflect on how new-found liberation affected and shaped them. It makes us consider the choices we made and make, and the freedom we now all have to live the life of liberation for which we fought so hard in the '60s.

Each author tells her story to you, personally, reflecting on all the pressure and turmoil of the times in the decade before *Roe v. Wade* and the love affairs, marriages and divorces experienced afterward. Some reveal, for the first time, details of their lives they kept hidden from family and friends for nearly five decades. All were driven to forge new paths. They were no longer obligated to follow in their mothers' footsteps.

Included in the 126-page book are pictures of the authors, news about what they're doing now and a time line that details the most important happenings and trivia of each year of the '60s.

Those who choose to have children often cannot understand those who chose not to be parents. The authors of *Kid Me Not* hope that men and women, regardless of their age or inclinations, will be inspired to listen to the voice within and follow it, wherever it leads. These women's history will sow seeds of respect between those who choose paths without children and those who have chosen the daunting task of being mothers.

From the Foreword of *Kid Me Not*:

"There are women who are born to be mothers, women who are born to be aunties, and women who should not be allowed within ten feet of a child. It can be a tragic situation (either personally, for a family, or for the community at large) when a woman ends up in the wrong category, based on her true nature." -- Elizabeth Gilbert author of *Eat, Pray, Love*,

For more information see <u>childfreewomen.com</u>.

Edited by Aralyn Hughes, the book is ideal reading for classes on Women's Studies, Feminism, Reproductive Issues, Sexual Behavior, and American Social Studies.